



Gain essential skills for supporting people with disability in sexuality, relationships and sexual health

NEWINGTON, SYDNEY

Dates

Intro Wed 17 Oct 2023

SMA Wed 17 & Thurs 18 Oct 2023

Time

9:00am – 4:30pm

Venue

Family Planning Australia

10 Avenue of the Americas

Newington NSW 2127

[Link to Google maps](#)

Cost

Proudly funded by NSW Health.

No cost for NSW participants.

Contact

Education team

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To find out more and register

www.fpnsw.org.au/education-training/courses-disability-workers



family
planning
australia

Reproductive & Sexual Health

INTRODUCTION TO SEXUALITY AND DISABILITY

Our one-day Introduction course develops essential skills for workers to support people with intellectual disability in sexuality and relationships.

Introduction topics include:

- Holistic approaches to sexuality
- Society's messages about sexuality and disability
- Reproductive and sexual rights
- Sexual and gender diversity
- Understanding body parts
- Supporting reproductive and sexual health

SEXUALITY MATTERS! PART A: PROVIDE RIGHTS-BASED SEXUALITY SUPPORTS (SMA)

Complete both days to gain advanced knowledge and skills.

Day 1 Introduction to Sexuality and Disability

Day 2 Sexuality Matters (SMA) extended knowledge and skills

Sexuality Matters topics include:

- **Introduction** topics listed above on Day 1
- Applying a person-centred approach
- Working with families
- Providing sexuality information to clients
- Planning for implementation

Award

Successfully complete both days and the flexible assessment following the training to be awarded a nationally recognised Statement of Attainment (CHCEDU003).